





# SHARREABLES

**Spinach Dip**    **16**  
Wilf's classic spinach dip, served with nachos chips and baked naan

**Loaded Fries**  **15**  
Fries covered with cheese, bacon topped with ranch dressing, garnished with green onion

**Mozza Sticks**  **12**  
6 pieces of mozzarella sticks served with marinara sauce

**Nachos**   **17**  
Tortilla chips topped with tomato, jalapeno and cheese blend, garnished with green onion with a side of salsa and sour cream  
*add choice protein for 6.*

**Hummus with Naan and Veggies**  **11.5**  
House made garlic hummus with carrots, celery, cucumber and baked naan



Please speak to your server about any allergies or dietary concerns as well as how we can make your meal Halal.

All sandwiches and wraps come with a side of fries or garden salad or substitute for a side of your choice.

## SIDE UPGRADES

Loaded Fries **4**

Caesar salad **2**

## PROTEIN ADD ONS

**6**

Choice of crispy chicken, grilled chicken, vegan crumble or Veggie Chik'n Fingers



**The Seagram Wrap**  **16**

The timeless Wilf's classic. Crispy chicken strips, shredded lettuce, diced tomatoes, and Wilf's cheese blend rolled in a tortilla with BBQ ranch.

**Chicken Parm Sandwich**  **18**

Chicken parmesan on a bun with marinara and mozzarella cheese.

**Buttermilk Chicken Sandwich**  **18**

Fried buttermilk chicken, with chipotle mayo on a brioche bun topped with shredded cabbage, pickle, and drizzled with our house made come back sauce.

**Grilled Cheese**    **8**

Wilf's cheese blend melted between two slices of sourdough

**California Chicken Sandwich**  **20**

Grilled chicken breast, pesto mayo, lettuce, tomato, avocado, bacon on toasted sourdough.

**Chicken Caesar Wrap** **14**

Crispy romaine lettuce, bacon bits, parmesan cheese, and our signature creamy Caesar dressing. Your choice of crispy or grilled chicken.

**Caprese Sandwich**  **12**

Thick sliced tomato, fresh basil, mozzarella cheese, and mayo on a toasted sourdough

**Champagne Glizzy**  **8**

Pork hot dog on a bun with relish, ketchup, and mustard. Vegetarian option available

**Chili Dog** **12**

Pork hot dog on a bun topped with house made chili and garnished with mixed cheese.

# SANDWICHES & WRAPS

 **Gluten Friendly**

 available with modifications

 **Vegetarian**

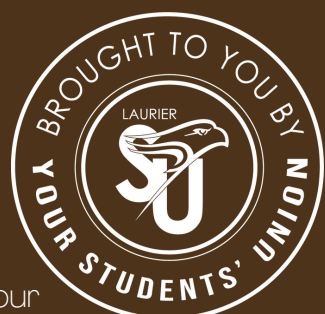
 available with modifications

 **Halal**

 available with modifications



Scan here for more information on how we handle dietary and allergen requests



We take food preparation seriously and take precautions to safeguard our guests with allergies and other dietary requirements, however, please be aware that we can never guarantee 100% that cross contamination of products will not occur. Please advise your server of any allergies or dietary requirements.

# Wilf's

Dine In | Take Out |  
Online Ordering

Spring/Intersession Hours

Monday thru Thursday  
11:30am - 3:00pm



stay up to date on all  
things wilf's &  
students' union by  
following our socials!



@wilfspub  
@campuslifewaterloo

# SALADS & BOWLS

Add protein to any salad for 5.99

- Chili** **10**  
House made chili with ground beef, kidney beans, tomatoes and vegetables. Served with sour cream and toast
- Caesar Salad**  **Sm - 11**  
**Lg - 15**  
Romaine heart tossed in Caesar dressing, topped with bacon, parmesan and croutons
- Garden Salad**    **Sm - 10**  
**Lg - 13**  
Mixed greens tossed in balsamic vinaigrette, topped with shredded carrot, cucumber and diced tomato
- Taco Salad** **15**  
Mixed greens, onion, tomato, tortilla strips, avocado, cheese and bbq ranch dressing
- Fajita Bowls** **18**  
Grilled chicken over a bed of jasmine rice with romaine lettuce, black beans, red peppers, corn and guacamole dressed with poblano avocado ranch
- Plant Based Burrito Bowl**   **15**  
Plant based spicy crumble over a bed of rice with avocado, chickpeas, romaine lettuce, black beans, red peppers and vegan cheese.

**Chicken Wings** tossed in any sauce of choice

**1 pound - 16**

**2 pounds - 23**

**Chicken Wings with Fries** **20**

1lb of wings tossed in any sauce of choice and served with a side of fries.

**Chicken Tenders**   **18**

breaded seasoned chicken tenders, served with a side of fries and plum sauce

**Sauced and Tossed Tenders**   **19**

breaded seasoned chicken tenders, served with a side of fries and tossed in any sauce of choice

# WINGS & TENDERS

## SAUCES

Mild, Medium, Hot, Honey Garlic, Rock n Roll, Fire n Ice, Dry Cajun & Salt n Pepper



Comes with a side of fries or garden salad or substitute for a side of your choice. Burgers come on a toasted brioche bun topped with lettuce, tomato, red onion and pickle. Gluten free options available.

# BURGERS



**Plant Burger**   **16**

Plant based patty, vegan cheese, lettuce, onion, pickle and tomato on a brioche bun

**Wilf's Burger**  **18**

6oz beef patty, swiss cheese, caramelized onion, Wilf's sauce, bacon, lettuce, tomato, onion and pickle on a brioche bun

**Bacon Cheeseburger** **17**

6oz beef patty, cheddar cheese, Wilf's burger sauce, bacon, lettuce, tomato, onion and pickle on a brioche bun

**Basic Burger**  **16**

6oz beef patty, Wilf's sauce, lettuce, tomato, onion and pickle on a brioche bun